

Capability Statement:

Blue Skies Rhode Island

Blue Skies Rhode Island is a registered 501(c)(3) tax-exempt charitable corporation based in Warren, Rhode Island. We are dedicated to helping people discover alternative and complementary care for anxiety management. We specialize in empowering families and communities through facilitated peer groups, educational resources, and finding local alternative care providers.



Core Competencies

Community Behavioral Health Support & Education

- **Peer-Led Support Groups:** Designing and facilitating community networks for friends and family of individuals dealing with anxiety disorders.
- **Community-Based Wellness Initiatives:** Creating public resources like walking meditation labyrinths to promote mindfulness and ground-level stress relief.
- **Public Advocacy:** Authoring and publishing community resources, educational blogs, and guidance aimed at identifying strategies for managing anxiety and for decreasing public stigma.

Alternative & Complementary Care Integration

- **Provider Vetting:** Partnering with regional, non-pharmaceutical, and alternative care practitioners to introduce community members to accessible care pathways.
- **Resource Mapping:** Creating localized resource networks that offer non-psychiatric anxiety management options to families experiencing financial or logistical barriers to traditional medical systems.

Differentiators

- **Non-Pharmaceutical Focus:** We specifically fill a critical care gap by focusing entirely on cost-effective, alternative, and non-clinical mental health coping strategies.
- **Family-Centric Model:** Rather than treating the individual in isolation, we build capabilities within family and friend units to create sustainable, long-term support networks.
- **Low-Barrier Access Solutions:** Our programs are designed to be immediate, local, and accessible without the costly delays, medical appointments, or insurance requirements of standard psychiatric care.

Company Data

Legal Name:	Blue Skies RI
Corporate Structure:	501(c)(3) Non-Profit Charitable Organization
Headquarters:	Warren, Rhode Island
Mailing Address:	Blue Skies RI, c/o 46 Washington Street, Warren, RI 02885
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